



Rustle, Rustle

Sensory Bottle

You will need:

Non-transparent plastic bottle with lid
(so that the sound is the main focus of the activity)

Small cup of dry sand

Strong glue

Tape (optional)

Method

1. Pour the sand into the bottle.
2. Secure the lid with hot glue or strong glue. You may also wish to tape around the lid for extra security.
3. Shake and tap the bottle to hear the sand move around the bottle. What sound does it make?

